We are a welcoming inter-generational community bonded together through our faith in Jesus Christ, striving to live by the Word, demonstrating our love to others through service and charity.

St. Philip the Apostle Church

A refuge to renew your spirit and heal your brokenness

info@saintphilipparish.org  www.saintphilipparish.org

March 19, 2017  Third Sunday of Lent

“...whoever drinks the water I shall give will never thirst..”

PASTORAL STAFF

Rev. Stephen Howell, Pastor

Rev. Brendan McBride
In residence
Irish Pastoral Center

LITURGIES

Sunday:  8:00 a.m.
         10:30 a.m.
Saturday: Vigil 5:00 p.m.
Weekdays: 8:00 a.m. - Chapel
Holy Days: 8:00 a.m.
           9:00 a.m.
           7:00 p.m.
Confessions: 4:15 p.m. (Saturday)

DEVOTIONS

Rosary - Monday - Saturday
after 8:00 a.m. Mass

Our Lady of Perpetual Help
Tuesday after 8:00 a.m. Mass

Stations of the Cross
After 8:00 a.m. Mass on Fridays during Lent

725 Diamond Street, San Francisco, CA 94114   Phone 415-282-0141   Fax: 415-282-8962
The Word of God comes to us through the Scriptures. May the Holy Spirit enlighten our minds and hearts to respond to the gospel teachings.

Reflecting on the Gospel

Dear Parishioners and Guests,

A “bucket list” is a list of items someone wants to do or accomplish before she or he dies. Here’s a thought: The Samaritan woman came to the well to “draw water,” so she no doubt had a bucket. Maybe event a bucket list? Her list might have included an easier way to get water, for when Jesus offers to give her “living water” she desires that water so she would not have to keep coming here to draw water.” Here is an interesting twist: The Samaritan woman is fixated on water that quenches thirst and on making her present life easier. Jesus is offering “living water” from which one never thirsts again, water that leads to “eternal life.”

Jesus himself is the well of “living water” who draws the Samaritan woman into deeper “worship in Spirit and truth.” He is the active agent of the Father who seeks “people to worship him.” The physical “where” of worship (Mount Gerizim for the Samaritans, The Temple Mount in Jerusalem for Jews) is far less important than that “true worshipers” do so in “Spirit and truth.” The Spirit stirs the well of “living water,” Jesus himself is the “where” of worship who leads us to the Father through the Spirit.

As a well of “living water,” Jesus is ever active in his saving mission. He draws the disciples into his mission of reaping the harvest that is already sown and ripe. Jesus is the one who sows the seed of salvation among us. He patiently waits for the seed to be watered, take root, and ripen. The seed he sows is his word and Life. To reap what he sows, we must listen to him and come to believe in him, nurture his word in our hearts, and share that word with others. Our mission is to be Gospel people who make known to others that Jesus is the well of “living water” that overflows into a living stream that carries us to “eternal life.”

As a well of “living water,” Jesus draws the townspeople into deeper belief in him as “the Christ” who “is truly the savior of the world.” Believing is a matter of growing in our relationship with Jesus who is our life and salvation. His word draws us to himself and a lifelong commitment to worship in “Spirit and truth,” to carry forth his saving mission, and to believe that his word is ever fruitful. Worship, mission, and believing are the way to “eternal life.” We need only to drink of Jesus, the well of “living water.”

Living Liturgy

One way to deepen our believing and come to know Jesus better is by spending more time with him as a friend. Lent is an opportune time to become more attentive to Jesus’ Presence—especially in prayer—and encounter him as One who loves us, teaches us, and gives us “living water” that carries us to “eternal life.”

Another way to deepen our believing is to enumerate the blessings God has already given us and remember that these truly are gifts from God. Yet another way to deepen our faith and come to know Jesus better is to increase our self-understanding as Body of Christ and make concrete efforts to act like Christ’s Body. Something so simple as saying thank you or smiling at another who looks sad or depressed are simple acts, but they remind us of who we are: Christ for others. These kinds of everyday acts remind us that, like the Samaritan woman, we proclaim Jesus’ Presence by the truth of our own lives. We carry forth Jesus’ saving mission by being his Presence for others. We worship.
**Tuesday’s Choir Practice**

Adults  Tuesdays, 7:30PM in the Church

Children’s Choir  - Tuesdays 4PM in the Parish Hall

**Remember the Sick in your Prayers…**

Let us remember the sick, homebound and elderly of our Parish that they may find comfort and healing in Christ.

Isabel Juarez  Mow, Kain Chiu  Mary Crowley
Patricia Crowley  Mary Dekle  David Dickey
Laura Garcia  Danica Linnemann  Dolores Martin
Agnes Piva  Bill Matthews  Mary Leung
John Bamber  Leo Juarez  Gina Wood
Fred Jungmann  Tom Welch

Archbishop Emeritus John R. Quinn
Archbishop Emeritus George H. Niederauer

**FOR THOSE WHO HAVE DIED.**

Sara Keane & Douglas Martin

May the Perpetual Light Shine upon them.

For those preparing for the Sacrament of Marriage

**MEETINGS & EVENTS**

**Tuesday’s Choir Practice**

Adults  Tuesdays, 7:30PM in the Church

Children’s Choir  - Tuesdays 4PM in the Parish Hall

**March 19, 2017**

**03/18 Saturday**

*Saint Cyril of Jerusalem, Bishop & Doctor of the Church*

8:00 a.m. † Jose & Maria Gonzalez
(by: Maria DeMartini)

5:00 p.m. † Denis T. Murphy
(by: Ria Murphy)

**03/19 Sunday**

*Third Sunday of Lent*

8:00 a.m. † Francisco Tamaprong
(by: Pura Lippi)

10:30 a.m. For the People of the Parish

**03/20 Monday**

*Saint Joseph, Spouse of the Blessed Virgin Mary*

8:00 a.m. † Patrick & Grace Maughan
(by: Maughan Family Trust)

**03/21 Tuesday**

8:00 a.m. † Theresa Scheiwiller
(by: Mila Schneider)

**03/22 Wednesday**

8:00 am † Dolores Quiambao
(by: Mila Schneider)

**03/23 Thursday**

*Saint Turibius of Magovejo, Bishop*

8:00 a.m. † Regina DiSerio
(by: Tom DiSerio)

**03/24 Friday**

8:00 a.m. † Douglas Martin
(by: Homebound Ministry)

**03/25 Saturday**

*The Annunciation of the Lord*

8:00 a.m. † Jack Hart
(by: Corrado DeMartini)

5:00 p.m. † Antonio DeNegri
(by: Agnes Piva)

**03/26 Sunday**

*Fourth Sunday of Lent*

8:00 a.m. Pura Lippi (Spl. Intention)
(by: Pura Lippi)

10:30 a.m. For the People of the Parish

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**We are sincerely grateful for your supporting Saint Philip and its ministries**

March 12, 2017 Sunday Collection  $3,433.00

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**Prayer before a Crucifix**

Look down upon me, good and gentle Jesus, while before your face I humbly kneel and, with burning soul, pray and beseech you to fix deep in my heart lively sentiments of faith, hope, and charity; true contrition for my sins; and a firm purpose of amendment.

While I contemplate, with great love and tender pity, your five most precious wounds, pondering over them within me and calling to mind the words which David, your prophet, said of you, my Jesus: “They have pierced My hands and My feet, they have numbered all My bones” (Ps 21:17–18).

Amen.

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**IGNATIUS OF LOYOLA SCREENING**

**SOLDIER, SINNER, SAINT MOVIE (PG-13)**

IGNATIUS OF LOYOLA: Soldier, Sinner, Saint is a story of life, love, death, sin, tragedy, despair, powerful conversion and saintly devotion to God.

The Sisters of Pauline are having a screening of Ignatius of Loyola Movie at Century/Cinemark, Downtown Redwood City on:

Monday, March 27, 2017
7:00 p.m.
Tickets are $15

Proceeds are to benefit their new convent & bookstore building.
Lent calls us to return to the image of God that we were fashioned to reflect. In other words, to be Holy People.

During the Lenten Season, feel free to make use of the pamphlets and resources, which will be available to you in the church at a table by the St. Joseph statue area. May these Lenten activities and others be of assistance to you as you embark on your Lenten Journey.

Lenten Fridays—Stations of the Cross after the 8:00 a.m. Mass—Led by the laity

Thursday, March 2, 9, 16, & 23 Lenten 4-week series on The Seven Deadly Sins and Seven Lively Virtues
7:00 p.m. in the Parish Hall (FREE) Call the Parish Office to register 415-282-0141

Saturday, March 25 Community Almsgiving of Time at the SF-Marin Food Bank, Ages 8+ invited
12:30 to 3:30, 900 Pennsylvania Avenue, San Francisco. Contact Parish office at 415-282-0141 to register

Thursday, March 30 Communal Penance service with opportunity for individual confession, 7:00 p.m.

Wednesday, April 5 Sacred Space, Parish Hall
8:00 a.m. to 8:00 p.m. Confessions at 1PM in the Sacred Space
Closing Prayer service at 7:00 p.m. in the Parish Hall

Sunday, April 9 Palm Sunday of the Lord’s Passion
Saturday, April 8 Vigil Mass, 5:00 p.m.
Sunday, April 9, Masses at 8:00 a.m. and 10:30 a.m.

Meatless Fridays
Struggling to find quick and tasty, meat-free meals for family (or just yourself) this Lent? How about this one.

Spinach Quiche

You’ll need: 2 eggs, 1 cup milk, salt & pepper to taste, 1 lb cooked spinach, 1 baked pie shell, galangal (optional garnish), 2 tbsps. Chopped nuts (optional garnish)

1. Beat the eggs, add milk, salt & pepper then beat again.
2. Put the cooked spinach in the bottom of the baked pie shell, cover with the egg mixture.
3. Bake at 400° for 35 minutes or until eggs are set.
4. Serve warm with a garnish of chopped nuts and galangal.

Serves 6 - (from From Saint Hildegard’s Kitchen by Jany Fournier-Rosset, © 2010 Liguori Publications)

Complete Lenten Fast & Abstinence Information

♦ Abstinence: Everyone fourteen years of age and older is bound to abstain from meat on ASH WEDNESDAY, the FRIDAYS of Lent, and GOOD FRIDAY.

♦ Fast: Everyone eighteen years of age and older but under the age of sixty is also bound to fast on ASH WEDNESDAY and GOOD FRIDAY. On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

Lent calls us to return to the image of God that we were fashioned to reflect. In other words, to be Holy People.

During the Lenten Season, feel free to make use of the pamphlets and resources, which will be available to you in the church at a table by the St. Joseph statue area. May these Lenten activities and others be of assistance to you as you embark on your Lenten Journey.
The fast pace of your life may seem to leave little time and energy for the traditional Lenten practices. But you can weave moments of spiritual awareness and service into even the busiest of schedules. The trick is to see Lenten practice as part of, rather than in addition to, each activity of your ordinary hectic day.

The three foundational practices of Lent are **prayer, fasting, and almsgiving.** Here’s how to think about them in a new way:

### PRAYING DAILY

If you make a habit of saying a little prayer whenever someone irritates you, cuts you off in traffic, or makes life difficult; when someone does you a favor, you experience great and friendly service, or when something joyful happens to you—you will soon find yourself praying your way through the day.

Try this simple practice and you will be observing the Catholic Church’s call for greater prayer during the Lenten season. You will also find that this habit makes your life flow smoother, your self more centered, and your Spirit more aware of God’s presence.

### A DIFFERENT TYPE OF FASTING

There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumors? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence.

### GIVE OF YOURSELF

Daily life also offers countless opportunities to give of yourself to others (alms), and most don’t involve dipping into your wallet. Give encouragement to the doubting, give a word of praise to the insecure, show kindness to someone who could use a friend, and offer a word of thanks to those whose service of others often goes unappreciated. Give the gift of your attention to someone who simply wants to be noticed. Tell your children stories about people whose values you admire when you gather at mealtime. Don’t be stingy with your smiles—give them freely to everyone you meet. And most important, give your love to those close to you. Hug them, hold them, and tell them what they mean to you. In this way you open your heart to God and others.

So no matter how busy your are in life, with some greater awareness and new perspectives you can consciously pray, fast, and give of yourself this Lent—and you will be ready to celebrate when a joyful dawn breaks upon you Easter morning.

_Loyola Press Ministry_

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**ARCHDIOCESAN ANNUAL APPEAL**

**2017 LIVING FAITH**

*Let your light shine before all people...and glorify your Father in heaven.*

_Matthew 5:16_

It is with sincere gratitude to see the list of donors continue to increase in support of the 2017 annual appeal. **We are not that far from reaching our half-way point!** We are striving for 100% participation in order to ensure we meet our obligation of **$39,879.00.**

If you did not receive a brochure, we have some available at the back of the church and pews for your convenience. We have been successful previously, and we remain confident we can do it again! Prayerfully consider making a contribution.

We express our thanks to the following supporters thus far:

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- Ronald & Evelyn Trauner

Our current balance due is: **$24,069.00**

Please keep in mind we receive the donors report from the Archdiocese Development Office on Tuesday evenings after our bulletin is sent to the printer. If you have kindly supported this appeal, your name will appear on a following bulletin. Your understanding is appreciated.

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**Saint Philips’ Lenten Almsgiving of Time Community Event**

**Saturday, March 25, 2017 - 12:30pm - 3:30pm**

Minimum age to participate: 8 years

**10 VOLUNTEER SLOTS REMAIN TO BE FILLED**

Once again dear friends, Saint Philip is returning to the San Francisco Marin Food Bank as part of our Lenten community almsgiving.

We have appreciated your time and talent in the past, and look forward to sharing time again together.

Your participation makes a definite impact toward the efforts in fighting hunger in our local communities. If you wish to participate, **please email: sandy.kearney@saintphilipparish.org** or call the parish office at 415-282-0141.
Sunday, March 19—Joseph, the Husband of Mary

The Bible pays Joseph the highest compliment: he was a “just” man. The quality meant a lot more than faithfulness in paying debts.

When the Bible speaks of God “justifying” someone, it means that God, the all-holy or “righteous” one, so transforms a person that the individual shares somehow in God’s own holiness, and hence it is really “right” for God to love him or her. In other words, God is not playing games, acting as if we were lovable when we are not.

By saying Joseph was “just,” the Bible means that he was one who was completely open to all that God wanted to do for him. He became holy by opening himself totally to God.

The rest we can easily surmise. Think of the kind of love with which he wooed and won Mary, and the depth of the love they shared during their marriage.

It is no contradiction of Joseph’s manly holiness that he decided to divorce Mary when she was found to be with child. The important words of the Bible are that he planned to do this “quietly” because he was “a righteous man, yet unwilling to expose her to shame” (Matthew 1:19).

The just man was simply, joyfully, wholeheartedly obedient to God—in marrying Mary, in naming Jesus, in shepherding the precious pair to Egypt, in bringing them to Nazareth, in the undetermined number of years of quiet faith and courage.

Reflection

The Bible tells us nothing of Joseph in the years after the return to Nazareth except the incident of finding Jesus in the Temple (Luke 2:41–51). Perhaps this can be taken to mean that God wants us to realize that the holiest family was like every other family, that the circumstances of life for the holiest family were like those of every family, so that when Jesus’ mysterious nature began to appear, people couldn’t believe that he came from such humble beginnings: “Is he not the carpenter’s son? Is not his mother named Mary…?” (Matthew 13:55a). It was almost as indignant as “Can anything good come from Nazareth?” (John 1:46b).

The Children’s Liturgy of the Word is a program that St. Philip's offers for young families and children at the 10:30 a.m. Mass. Children, preschool through first grade, are invited to step into the chapel before the first reading, where they read and reflect on the daily readings in a way that is relevant to them, and work together on an art project, play, or other type of interactive activity. The Children's Liturgy of the Word is facilitated by parent volunteers. All children in preschool through 1st grade are invited. Parents do not need to come, but you are welcome if you'd like.

If you are interested in learning more or volunteering to teach the Children's Liturgy please contact Nicole McGrath at nicolemgrath72@gmail.com

PARISH REGISTRATION

Our parish is blessed and enriched by the presence of new parishioners.

We welcome all new families and individuals. If you are interested in joining the Saint Philip’s parish community, feel free to call our office at 415-282-0141 for a registration form, or go online at www.saintphilipparish.org.

Our hope is that you will find our parish a supportive and healing place, a nurturing spiritual environment and a place to celebrate the sacraments as you and your families grow in your journey of faith.

Thank you to those of you who have signed up for using the Online Giving platform. Parishioners who use the service are pleased with how easy it is to set up and manage.

In a few short weeks we will be informing you how you can text, yes text, your offering as another easy option for you. Stay tuned.

If you have not yet signed up for Online Giving, please consider this option. This is a perfect tool for anyone who shops online! By using Online Giving you are helping the parish improve our operational efficiency.

Visit www.osvonlinegiving.com/4254 or download the app from your phone at the App Store or Google play.
**PARISH RESOURCES**

**PARISH OFFICE**
Rio Stefanus, Financial/Business Manager  
Email: rio.stefanus@saintphilipparish.org  
Carol Cagalingan, Parish Administrative Assistant  
Email: carol.cagalingan@saintphilipparish.org  
Sandy Kearney, Parish Pastoral/School Administrative Assistant  
Email: sandy.kearney@saintphilipparish.org

**MUSIC MINISTRY**
Carlton White, Music Director

**DEVOTIONS**
Rosary - Monday - Saturday • After 8:00 a.m. Mass  
Our Lady of Perpetual Help • Tuesday after 8:00 a.m. Mass

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665 Elizabeth Street, San Francisco, CA 94114  
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Tony LesCallet, Principal  
www.saintphilipschool.org  
Email: info@saintphilipschool.org

**PRE-SCHOOL AND CHILDCARE**
(415) 282-0143  
www.saintphilippreschool.org  
Ms. Rachel Williams, Director  
Email: Rachel.williams@saintphilipparish.org

**PARISH OUTREACH**
Baptismal Classes  
First Tuesday of the Month  
7:00 p.m. (Rectory by appt.)  
Belfry Society  
Adult Choir  
Tuesday 7:00 p.m. (Church)  
Children Choir  
Tuesday 4:00 p.m. (Hall 1)  
First Communion Instruction  
Confirmation Instruction  
Liturgy Committee  
Men's Club  
Parish Council  
Parent Teacher Association (PTA)  
RCIA (Adult Faith Instruction)  
Sunday 9:15 (Resource Center)  
Rosary Makers  
Second & Third Thursday,  
11:30a.m., (Hall 3)  
School Board  
St. Vincent de Paul Jr.  
Young at Heart (Senior Club)  
Second & Third Thursday,  
11:30 a.m., (Hall 3)

**COMMUNITY OUTREACH**
Please contact the rectory at (415) 282-0141  
As a service to the community, we sponsor the following:  
Monday  A.A. Meeting (Men's)  
7:00 p.m. Hall 3  
Tuesday  A.A. Kitchen  
6:00 p.m. Hall 3  
Wednesday  Alanon  
7:00 p.m. Lyons  
Saturday A.A. Meeting (Mixed)  
7:30 p.m. Hall

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**Are you planning a spring or summer wedding?**
If so, now is the time to contact the church’s rectory office and discuss your plans with our pastor and reserve the church.  
Keep in mind Archdiocese guidelines require couples contact the parish office at least six months prior to the wedding date to begin the pre-Cana preparation.

Feel free to call our parish office to schedule your initial meeting at 415-282-0141

**Wedding Anniversary Blessings**
Did you know you can have your wedding blessed and renew your vows in a celebration of a milestone anniversary? It is a lovely gift you can bestow on your Sacrament of Marriage as you renew your vows of love and faith with each other. Call the rectory office for more information at 415-282-0141

**Divorce Support Group**
MONTHLY: FIRST & THIRD WEDNESDAYS, 7:30-9:00 PM  
ST. STEPHEN CHURCH, O’REILLY PARISH CENTER  
451 EUCALYPTUS DRIVE, SAN FRANCISCO  
FR. AL GROSSKOPF, S.J. 415-422-6698

Support groups are part of the Separated and Divorced Catholic Ministry in the Archdiocese of San Francisco. This group meets the first and third Wednesday of the month. Gatherings begin with prayer, introductions, sharing around what is going on in everyone’s lives, and closing with prayer. It is a drop-in support group. If you have any questions, contact number shown above.

**Retrouvaille Marriage Weekend in San Francisco**
FRIDAY-SUNDAY, APRIL 28-30
Retrouvaille is a weekend program that helps couples heal and renew their marriages. Retrouvaille is a French word meaning rediscovery. The program offers tools needed to rediscover a loving marital relationship. Thousands of couples headed for cold, unloving relationships or divorce have successfully overcome their marriage problems by attending the program. The next weekend program coming up in San Francisco is April 28-30. For information contact: retrouvaille.org or 800-470-2230

**Marriage Preparation**
Online marriage Prep can be found at: http://www.catholicmarriageprep.com. The cost is $175.00 and is available in both English and Spanish.

Contact: Ed Hopfner with questions at: hopfnerE@sfarchdiocese.org

**The Sacrament of Baptism**
Are you interested in have your son/daughter baptized at Saint Philip? Please call the parish office at 415-282-0141 to reserve your spot for any upcoming Tuesday evening preparation session.
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